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As the year draws to an end, the beauty and wellness industry of India is on the threshold of change. While it has already come a long way, at the turn of the year, there is a perceptible desire amongst the stakeholders to not only offer innovative services and products, but to also take the quality of their business up by several notches. Top of the line brands like Shahnaz Husain, Revlon Professional, Luxliss, KT Professional, Sleek Wax, RK's Aroma, Streak Professional and Rene Furterer share their business propositions and goals for 2020. They also throw light on the innovations and new products added in their product portfolio.

In the Hair section, we present Laurent Legal, who along with his partner Eric Sammartano is working wonders on lady clients. He has been working since the age of 14 and nothing brings him more joy than the smiles of his customers! A die-hard fan of the hair business, he shares his journey with us. On the homefront, we bring to you Kanta Motwani, Curator of Kromakay Salon in Mumbai. With a career spanning three decades and a chain of salons she recollects days of her first job with Nalini & Yasmin. She shares pearls of wisdom and hopes for the industry. Varun Attri, a 24 year-old salon owner has a career graph that reads like a dream. This salon manager turned creative director turned young entrepreneur believes in blending hard work with smart work as his recipe to success.

In the Beauty section, we showcase Richa Agarwal, the powerhouse of perfection! A make-up artist by education and also the owner of Chandigarh-based Cleopatra Spa and Salon chains, she grabs every opportunity to learn and stay updated. She is a celebrated name in the industry and an honorary member of several associations from the beauty and wellness industry, she shares her thoughts. It is the season to shine and what is an occasion without some glittery eyeliner? Make-up maestros share different trends and techniques of the latest fad of coloured and glittery eyeliners. Cheryl's Cosmeceuticals presents a range of six deeply nourishing and hydrating moisturisers designed to restore moisture in all types of skin. Youthfulness is highly coveted, and people undergo varied treatments to achieve it. Also, several new and innovative products and procedures are being launched. For the current season, hydrating facials has become the new thing and skin experts, salon owners and brands share insights. Dr Ashish Dhadas, a Varicose Veins expert, shares light on the procedure of Cryo Laser and Cryo Sclerotherapy (CLaCS) which is a Brazilian treatment for Spider Veins and small Varicose Veins.

In Spa Focus, we feature Arogya Spa in Hyatt Regency, Pune. The architecture of the spa is a harmonious combination of contemporary and local nuances. In Wellness View, we feature Neeraj Gupta, Founder, Panambi Resorts and Spa in Rishikesh, who shares his views on the spa and wellness industry and his plan to open a new spa.

Enter the new year with high spirits and enjoy! In the meantime, keep yourself updated on everything new in the industry with us. Keep liking and sharing on Facebook and Instagram.





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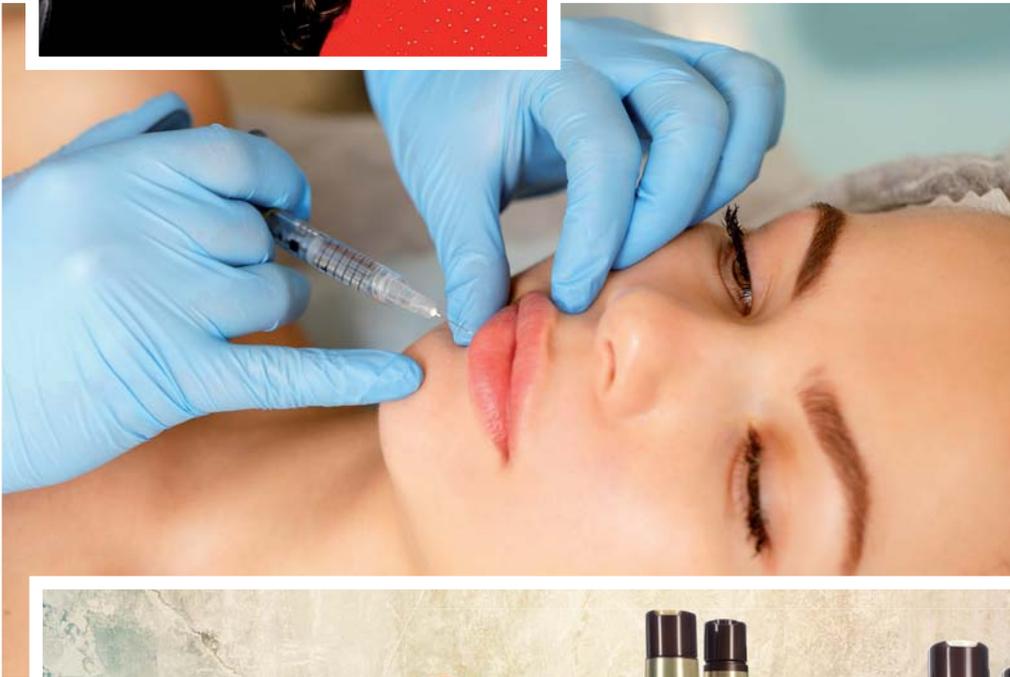
Get The Look >>



Color Fresh Create by Wella Professionals is a new range of hair colours. Make your clients indulge in these surreal tones as *Salon India* presents a step-by-step guide to achieve awe-inspiring hair looks

Wella Professionals Presents Color Fresh Create





The Beauty and Wellness Industry Rises to the Occasion

As the year draws to an end, the beauty and wellness industry of India is on the threshold of change. While it has already come a long way, at the turn of the year, there is a perceptible desire amongst the stakeholders to not only offer innovative services and products, but to also take the quality of their business up by several notches

\\ by Aradhana V Bhatnagar



Richa Agarwal

Powerhouse of Perfection

Richa Agarwal grabs every opportunity to learn and stay updated. A make-up artist by education and also the owner of Chandigarh-based Cleopatra Spa and Salon chain, she shares her journey with *Salon India*

\\ by Aliya Jamal

THE BEAUTY INDUSTRY IN INDIA IS GROWING AND DEVELOPING, AND STILL UNORGANISED. AND THERE IS A NEED FOR ALL THE PROFESSIONALS AND THIS SECTOR TO BE ORGANISED AND PROVIDE QUALITY WORK. THERE IS STILL A DEARTH OF SKILLED MAKE-UP PROFESSIONALS. IN THE FIELD.

– RICHA AGARWAL



What was your inspiration to take up make-up artistry?

During my childhood, I nurtured the dream of transforming my friends and family members with make-up. As I grew up, I decided to turn my passion into a profession and became a professionally skilled make-up artist.

What is the professional education you gained in the line?

I am a postgraduate in advanced courses in make-up and aesthetics. I am on the jury of OMC, National Skills Competition and HBSC. I have been certified in skin care by City & Guilds of UK; received spa certification from Watpo Thai Traditional Medical School in Thailand; and received hair certification from Toni&Guy Academy in Singapore. I am a certified member of International Spa Association (ISPA) of USA; Aesthetics International Association (AIA) of USA; and also Indian Dietetics Association (IDA). I have been trained internationally by Toni&Guy Academy; Pamela Taylor Make-up Academy; Millennium Institute of Aesthetics in Canada; ELIM Nail Tech Academy in USA; and gained specialisation in Nutrition from PGIMER in Chandigarh. I am engaged as International Jury for Make-up and Aesthetics,



Hydrating Facials

Dynamics of the Segment

Youthfulness is highly coveted, and people undergo varied treatments to achieve it. Several new and innovative products and procedures are being launched and for the current season, hydrating facials are the new fad. With *Salon India*, skin experts, salon owners and brands share insights

\\ by Aliya Jamal

According to reports, the Asia Pacific region has become the world's largest skin care market which makes up about 43% of the global market. Specifically, the anti-ageing skin care market is projected to grow substantially by 2021 and thereby spurring substantial growth of hydrating facials reveals Market Reports World. The drivers for growth of this category of facials are not an increase of external aggressors which impact the skin, but also as one ages, the skin gets dryer, which results in loss of collagen and elastin. Dehydrated mature skin can only appear and feel better after a hydrating treatment, hence, it is featured on service cards of most salons and spas.



– DR JAMUNA PAI
Founder, SkinLab

Doctor speak

Dr Jamuna Pai, Cosmetic Physician, Skin Expert, and Owner of SkinLab throws light on hydrating facials and says, "Hydration is one of the most important step in a facial as it restores lost moisture and replenishes suppleness of the skin. A facial can include various hydrating masks and special serums that have antioxidants like Vitamin C or ingredients like Hyaluronic Acid, which attract water to cells. Also, stimulating currents work on a deeper level which help in nourishing the skin to promote clear and hydrated skin. These especially formulated products help replace any lost oils and moisture and help in making the skin look smooth and firm."



Cosmetic Treatment Recommended by an Expert

Cryo Laser and Cryo Sclerotherapy (CLaCS) is a Brazilian treatment for Spider Veins and small varicose veins. *Salon India* speaks with Dr Ashish Dhadas, a Varicose Veins expert and shares light on the procedure

About the treatment: CLaCS is an acronym for Cryo Laser and Cryo Sclerotherapy, a technique used to treat Spider Veins and small Varicose Veins. Pioneered by vascular surgeon Kasuo Miyake in Sao Paulo, Brazil in 1999, CLaCS has been used to treat patients successfully in nearly 20 countries around the world. The CLaCS procedure is performed in an ultra-modern Phlebosome and involves world-class, state of the art equipment such as Vein Viewer (Vision 2) from Christie, USA; Harmony XL Pro from Alma, Israel, and Cryo 6 cooler from Zimmer, Germany.

Process

CLaCS is a painless procedure done under local anaesthesia. The high flow of ice-cold air directed onto the skin at the site of laser or needle application takes care of discomfort, and most patients experience slight or no pain from the treatment. Venous colour doppler of the leg veins is

done to rule out weak or incompetent valves. If present, these need to be treated as well. None of the existing modalities of treatment follow such scientific approach thereby making CLaCS a much superior technique. Cryo 6 is used for vigorous cooling of the skin to reduce discomfort from laser and injections. Vision 2 Vein Viewer is used as augmented reality to visualise feeder veins so that they can be treated. Harmony XL Pro is used for the application of a transdermal laser to the feeder veins and spider veins. In the end it is injected on the feeder veins and spider veins with a mild, chemical sclerosant (sclerotherapy).

USP

The USP of CLaCS lies in the way it amalgamates the solid, scientific principle of treating the root cause of spider veins and small varicose veins with technology innovations. It does not make indiscriminate use of technology.

Procedures it can be teamed with

CLaCS is used as a stand-alone procedure for treating spider veins in those with competent leg vein valves. However, if the venous colour Doppler reveals incompetent leg vein valves, CLaCS is preceded by Endovenous Laser Treatment (EVLT) wherein 1470 nm diode laser is used.

Spa Solace Innovation is Key

Salon India presents a list of spa services which are high on innovation and creativity

HEAVENLY SPA ,THE WESTIN, KOREGAON PARK, PUNE

Vinotherapy

Indulge in a bubble of peace as the service cocoons you in warmth and luxury. Indulge in an all-in-one aromatherapy candle which is a scented candle that melts at a few degrees higher than the normal body temperature. The candle produces rich silky oil that absorbs quickly into the skin without leaving a residue behind. There is no risk of burning. Soak up the atmosphere that is 100% natural infused with the nourishing properties of oils of Grape Seed, Avocado, Apricot, Jojoba, Coconut, Hemp Seed, Soybean, and Vitamin E.

Duration: 60 minutes | **Price:** ₹4,000+ taxes

JUVANA, SAHARA STAR, MUMBAI

Abhyangam Massage

An Ayurvedic therapy, medicated oil is prepared from 10 to 15 herbs and applied on the body and massaged in a synchronised manner by two therapists. Such a synchronised massage is beneficial in treating rheumatism and sleep apnea. It also induces a sense of well-being.

Duration: 60 minutes | **Price:** ₹4,999+taxes

TAMAYA, JAYPEE PALACE HOTEL AND CONVENTION CENTER, AGRA

Detox Therapeutic Massage

An energising massage, it focuses on the upper legs, glutes, lower back, hips and abdomen. It uses a dry brush and silicone cups that help stimulate circulation, improves skin tone, and elasticity. It also helps reduce the appearance of cellulite by breaking down adipose tissue and reducing fluid retention.

Duration: 60/90 minutes | **Price:** ₹4,500/ ₹5,600+taxes

QUAN SPA, JW MARRIOTT HOTEL AEROCITY, DELHI

Abhyanga Spice Bundle Massage

A special type of Ayurvedic marma massage, it uses relaxing herbal oils which help to stimulate specific points in the body. The Spice Bundle is applied on the stress points of the body and relieves stiffness and pain. It is known to be effective in combating stress and relaxing the body. The massage is followed by a steam bath.

Duration: 75 minutes | **Price:** ₹7,500+taxes

Tulsi Kumar

Subtle and Classy

Fresh and fuss-free, Tulsi Kumar, the Bollywood playback singer and performer shares with *Salon India* her beauty and fitness secrets

Her voice has been mesmerising the nation with one hit song after another. The Bollywood playback singer, songwriter and performer Tulsi Kumar reveals the tunes that suit her beauty and grooming needs.

My make-up

I do not experiment much with make-up, on or off the screen, but when I am in Mumbai, I work with Shura Bhavin, Shelly and Alia Sheikh, who are make-up artists, and in Delhi, I prefer Ratul Boro. I do not follow any beauty rules, but keep my make-up clean with a winged eyeliner and muted lips, soft and absolutely matte. Irrespective of the trend, I stick to what I am comfortable with; the maximum I allow is a smokey eye. I believe that less is more and do not layer my make-up too much. I like airbrushing; it works for my skin type and gives a smooth flawless look. Before applying make-up, I use oxygen masks by Peter Thomas Roth, and rub ice on my face.

My hair

I enjoy experimenting with different hairstyles and often sport a pony, or leave it straight, or curl and and tong them. However, I always keep it long. As my hair undergoes a lot of heat styling, I am a regular with Kérastase rituals to improve the quality of my hair texture. I think these rituals help my hair to gain strength, lustre, and volume. I have never coloured my hair and when I do, the colour will have to be organic and ammonia-free. I avoid hair extensions unless it is an absolute must. I am often travelling between Delhi and Mumbai, so have favourite salons in both the cities. In Mumbai, I visit Kromakay, and in Delhi, it is Martina Wu.



My fitness

I do Yoga with Surya Namaskars and breathing exercises and it works best for my body type. It has helped me get back in shape post my pregnancy. Yoga, meditation, and sleeping the right number of hours is important.

My favourite products

In shampoos and conditioners, I switch between Quai and Aveda. For skin care, I use Sébium by BioDerma, Deep Cleanse face wash by Tatcha and SkinCeuticals moisturiser. I top it off with Bioderma Sébium Pore Refiner. For make-up, I rely on Laura Mercier Candleglow Soft Luminous Foundation, but also use NARS foundation and concealer. In lipsticks, I go for MAC and soft matte lip creams by NYX, and lips stains from HUDA Beauty.

My skin care regime

When it comes to beauty treatments, I do a basic cleanup and visit a dermatologist. I apply SK-II Facial Treatment Essence, followed by SkinCeuticals CE Ferulic antioxidant treatment, before going to bed.

Favourite Look

My all-time favourite look would be soft make-up with hair half tied up in a bun. It has a girl-next-door vibe. At one photoshoot with Rohan Shreshtha, we tried a variety of looks – from pulled-back hair, sleek and straight to curls with a half bun on top. They were created by Priyanka Borkar, the hairstylist, and make-up was done by late Nilesh Parmar.

Shopping spots

I love collecting beauty products whenever I am abroad. In London, I head to Sephora or Selfridges. Of late, I have been focussing on skin care products and recently brought a range from SkinCeuticals, which is one of the brands I am glued to now, apart from Tatcha.

Beauty icon

There is no one person in particular. I think, all women are beautiful in their own right. Every woman should be an icon for herself. 🌟

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