



Hair and photo:
Mark Leeson

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- 42-55 **In focus** The spa and wellness industry is on the rise due to a number of reasons, like, awareness created by the Internet, everyone wants to look and feel young and healthy, rising disposable income of those aged 25+, to name a few. Therefore, not only do we see a proliferation of day spas and wellness centres, we also see a boom in destination spas, There are more spa-used brands today, both domestic and international. However, the challenge that the industry faces is of finding skilled therapists, hence some spa academies have also come up. We speak to top brands and industry stakeholders in the business to learn more
- 65-80 **Beauty** Vardan Nayak is one of the most sought after make-up artists in Bollywood. He shares his professional journey with us; Minash Bablani, Founder, Ellement Co. shares her views on the salon and beauty industry, brand USP, and more; Dr Viral Desai, Celebrity Cosmetic Surgeon, DHI India and CPLSS, shares his views on Butt Implant as a trending aesthetic procedure; Product launches in skin care, and more
- 81-89 **Spa focus** The Bodhi Spa at Radisson Blu Resort Temple Bay, Mamallapuram specialises in traditional art of healing and offers a wide range of services including, signature massages, body wraps, and more; Spa Manager, Alila Diwa Goa, Dr Arjita Kumari shares her view on the spa industry of India; Best selling spa therapies; Spa packages and more
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