



Hair: D&J Ambrose
 Photo: Aaron Dunsworth
 Make-up: Nicola Hamilton
 Stylist: Melissa Yates

Contents

- 10 Snippets** Latest news and updates of the beauty and hair industry
- 20 New openings** Salons and spas across the country
- 24 Interview** Julie Robinson, Master Barber, Truefitt & Hill, London shares her journey and views on the barbering and how it's picking up in India
- 72-77 Cover story** Aesthetic centres are proliferating in the country. From botox to rhinolasty and mesotherapy, treatments offered to enhance a particular body part are ever expanding
- 82-84 Lead story** With the rise in aesthetic centres in India, it goes without saying that the treatments, too, are witnessing a spurt. Today there is a plethora of treatments available and a lot many doctors are bringing in international expertise and experience to the table
- 90-95 International stylist** American Crew's mesmerising photo essay called the Independent is for men who dare
- 100-101 In first person** Arif Shaikh, the rising hairstylist talks about his initial challenges, lifetime learnings and more
- 113 Beauty** Interview with make-up pro Uday Shirali; grooming of eyebrows as per face cut; face reflexology and so much more
- 145 Innovation** Janssen Cosmetics have an amazing skin care range for those who believe in natural beauty
- 148 Spa focus** Visual dynamics of Shine Spa at Sheraton in Bangalore and Aman Spa in Phuket; interview of Reekshit Siddhanta, Room Director at the Fairmont Jaipur; spa packages and more
- 168 Celeb style** Bipasha Basu on her fitness and beauty regime
- 172 Events** The social calendar: what's happening when and where
- 173 Coffee break** Try this quiz and win prizes
- 174 Step-by-step** Intricate hairstyles explained
- 178 Influencer** Jewellery designer, Varuna D Jani, on the importance of hair and make-up in fashion

103



Extreme effort, eclectic

54



82



154



156

